

PREPARING FOR SCHOOL: *WHAT TO BRING ON YOUR FIRST DAY*



Welcome Families!

To help you prepare for the first day, we have provided a list of items to bring with you.

All Families:

- Feeding:
 - When your child is ready, your child will need a ready-to-eat (food pre-cut, oranges peeled, etc.) lunch in a lunch bag clearly labeled with your child's name. No peanut butter or nut products and no candy, please. Since storage space is limited, please refrain from using small coolers or overly large bags. If requested, we will heat solid foods in a microwave for 30 seconds.
 - A labeled sippy cup.
- Clothing:
 - At least 2 changes of clothes sent in a labeled Ziploc-type of bag. Don't forget socks! Please replace clothes as your child grows or the weather changes. Please label all clothes with your child's first name and first letter of last name.
 - Weather-appropriate clothes and materials, such as a winter coat and snow pants in the winter, or a swimsuit in the summer.
- Sleeping:
 - Infants to 12 months: A pack-n-play/crib size sheet and a sleeping sack, as long as the arms are free. Swaddling and loose blankets not permitted.
 - 12 month olds and older: A crib-size sheet and a very thin light weight blanket. If your child is one year of age or older and needs to sleep with a small stuffed animal or small lovey blanket, please provide that to be used only at nap time. Please also note that this item will not be going home nightly. It will be sent home at the end of the week for washing. Please place all items in a Ziploc-type bag with the child's name written on the front of the bag.
 - Preschool: 4'½" sheet for cot.
- Sunscreen:
 - Age appropriate. Please note, we request that you apply sunscreen to your child who is one or older prior to arriving at school so children are prepared for going outside starting in the morning. No aerosol sunscreens. Please label the bottle with your child's first name and first letter of last name.
- Infants and children not yet potty-trained:
 - Diapers, wipes, and diaper cream
- At least 3 family pictures, including pets and relatives

Infants Only:

- Clothing: In addition to the 2 changes of clothes, please provide several bibs/wash cloths.
- Feeding:
 - Pre-filled ready to warm and feed bottles. Bottles must be labeled with your child's name and date.
 - If solids are fed, pack pre-measured baby food jars/containers, cereal and/or finger foods.
- Pacifier (if needed) packed in a container that closes such as a plastic case or Ziploc-type bag.

Other Information:

- 12 Months Old and Up: Milk, juice, water and AM and PM snacks are provided.
- Plates and utensils are provided.
- Optional breakfast is served if your child attends school before 8:30am.
- We cannot send home food for infants and toddlers that has been opened or eaten.
- No glass is permitted at the school.
- All of your child's belongings must be clearly labeled with his/her name, and checked often to be sure it hasn't rubbed, worn or washed off.
- Children may bring back packs to store winter coats/snowsuits which will be stored in your child's cubby. All other items must be brought in labeled Ziploc-type bags.

If you have any questions or concerns, please feel free to ask your Executive Director or any of the teachers. We strive to make your child's transition into school pleasant, easy and comfortable. Again, welcome to Little Sprouts! We look forward to building caring and joyful relationships with you and your child!

Thank you!

~Your Little Sprouts Team~