

UPDATE: January 25, 2022

The definitions and chart below offer additional guidance to our schools' current sick policies when navigating COVID testing, quarantine, and isolation guidelines (adapted from the [CDC](#)). **Our policies reflect information from the Department of Health and our company policies; our policies may go above and beyond state regulations.** The **yellow section** mainly applies to enrolled children, and the **blue section** mainly applies to employees.

Definitions:

- **Quarantine** if you are exposed, i.e., stay away from others as a strategy to prevent transmission of COVID-19
- **Strict Masking** is defined as being able to consistently and correctly wear a mask over the nose and mouth areas at all times while indoors with others
- **Date of Exposure** is considered Day 0
- **"Get Tested"** refers to either a **self-test** (i.e., "rapid test") or a **laboratory test** (i.e., PCR, NAAT, etc. test). If self-testing, you must follow manufacturer guidelines: two tests, 24-hours apart, and as of now, self-tests are not approved for children under 24 months. Completed self-test form or laboratory test results must be sent to school before returning
- **Fully Vaccinated** means receiving all recommended vaccine doses according to the [CDC Vaccine Recommendations](#), which includes the full vaccine, wait time, and booster if applicable
- **COVID-19 Symptoms** are outlined in the current sick policy

If exposed to COVID AND Fully Vaccinated OR Had confirmed COVID-19 within the past 90 days
<ol style="list-style-type: none"> 1. Continue with work/school 2. Get Tested on Day 5 or after 3. Watch for symptoms through Day 10 4. Take precautions through Day 10 <ul style="list-style-type: none"> ● Strictly mask for 10 days when around others <p><i>If you develop symptoms:</i></p> <ul style="list-style-type: none"> ● Isolate and get tested ● Continue to stay home until you know the test results ● Current sick policy remains applicable

If you test positive for COVID AND can strictly mask for 10 full days
<p><i>Regardless of vaccination status</i></p> <ol style="list-style-type: none"> 1. Isolate at home for at least 5 days 2. Return to school/work when: <ul style="list-style-type: none"> ● You are fever-free for 48 hours without the use of fever-reducing medication ● Your symptoms are improving, and you are well enough to return to normal routines ● You have two negative self-test results administered 24-hours apart. Start testing on Day 5 or after. If both tests are negative, you may return. ● If you abstain from additional testing, you can return on Day 11

If exposed to COVID AND NOT up-to-date on COVID vaccinations
<ol style="list-style-type: none"> 1. Quarantine for at least 5 days 2. If you remain asymptomatic AND... <ul style="list-style-type: none"> 2A. Staff & children who strictly mask <ul style="list-style-type: none"> ● Get Tested ● 1 laboratory test on Day 5 or later OR ● 2 self-tests on Day 5 and Day 6, 24-hours apart. <p>If negative, you can return Day 6 as long as you strictly mask through Day 10. If positive remain out of school & connect with your Director for your return date</p> 2B. Enrolled children who cannot strictly mask <ul style="list-style-type: none"> ● Enroll in Test for Tots program if ages 2-5 ● Get a PCR test on Day 6 if under 2 years old ● <u>If positive remain out of school & connect with your Director for your return date</u> ● If negative & enrolled in Tests for Tots continue coming to school under Test for Tots guidelines ● If PCR test is negative you can return the day after you receive your results ● Current sick policy remains applicable <p>Staff/children living with an individual who is experiencing COVID symptoms or being tested for COVID need to remain out of work/school until testing results are received. If a COVID test comes back positive for a household member please connect with your Director for next steps.</p>