

Learning at  
Home

with  
**little  
Sprouts**



*You are Special*

# Infant Activities

## Creative Expression

**Standard:** Focus attention on interesting sight or sounds, often in shared experiences with adults. React to stimulation in the environment. This includes drawings, sculptures or painting

Have posters of infants of many nationalities up on the walls. Some of the available posters show charming photos of infants of different skin colors reaching hands toward each other or sitting together looking with delight at a puppy or sniffing a pretty flower. If your infants tend to rip paper from walls, be sure to laminate the posters before displaying them at eye level.

## Sign Language

**Standard:** Remember language heard repeatedly in stories, poems, and interactive language experiences

### **Show Your Little Ones How Much You Love Them By Teaching Signs of Comfort**

Consider the importance of showing how to give and receive affection. Introduce signs such as hug, I love you and kiss.

## Sensory

**Standard:** Focus attention on interesting sight or sounds, often in shared experiences with adults

**Play Dough Fun** Taste-Safe Cake Mix Play Dough – Mama Instincts®

## Music and Movement

**Standard:** Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm

**Music with Ms. Jenna:** <https://youtu.be/1WzYTaNskYg>

**Yoga with Ms. Bailey:** <https://youtu.be/xOn8JcfudwA>

# Toddler Activities

## Creative Expression

**Standards:** Small Muscle Movement and Coordination

Self Inspired Art: [Diversity is Beautiful – Colorations®](#)

## Math/Science

**Standards:** Math: Attributes, Sorting, and Patterns. Science: Investigating and Using Evidence cause and effect

**Fun with Play Dough:** [Little Stars Learning: Flesh Tone Play Dough Tutorial](#)

## Books and Songs

**The Skin We Live In:** [https://youtu.be/W\\_Bjz1xFteQ](https://youtu.be/W_Bjz1xFteQ)

## Outside Time:

**Standards:** Large Muscle Movement and Coordination

Explore the snow by adding different food colors to it!

# Preschool Activities

## Creative Expression

**Standards:** Small Muscle Movement and Coordination

Self Inspired Art: [Diversity is Beautiful – Colorations®](#)

## Math/Science/Writing

**Skin color match-ups** helps children learn about different skin tones and ethnic backgrounds.

Materials: Nylon knee high stockings in various shades such as tan, black, white, pink, yellow, and red

Instructions:

Encourage children to try the nylons on their hands, arms, or feet. Ask questions to help children increase their awareness of skin color: “Can you find a stocking that is the same color as your skin?” Have children try another color and ask them, “Is this lighter or darker than your own skin color?”

## Books and Songs

**The Skin We Live In:** [https://youtu.be/W\\_Biz1xFteQ](https://youtu.be/W_Biz1xFteQ)

## Outside Time:

**Standards:** Large Muscle Movement and Coordination

Explore the snow by adding different food colors to it!

# Resources and Links:

**Tapdance with Ms. Sarah**

[https://youtu.be/jZB6m\\_QdwVI](https://youtu.be/jZB6m_QdwVI)

**Story Time with Ms. Karla**

<https://youtu.be/2-4dPEWOKlk>

**Colors in Spanish with Ms. Jullisa**

<https://youtu.be/TodF2BkK3Iw>