



What Will My Child Learn?

## TUESDAY

### *Infant Activity*

Benefits of Cooking/Baking Near Baby:

- Cooking is a great sensory experience for kids of all ages – even babies! They will experience many new smells by being in the kitchen while the food is cooking.
- Watching you move around in the kitchen can help baby with visual tracking.
- Explaining and talking through what you are doing, will help develop baby's communication.

### *Toddler Activity*

Whip up something tasty with your child!

Try a favorite snack, tasty treat or animal shaped pancakes!

### *Preschool Activity*

Whip up something tasty with your child!

Try making your child's favorite snack or dessert! Invite them to help you assemble ingredients, mix, maybe even assist in the cooking process.