

Learning at Home

with
**little
Sprouts**



Movement, Fitness, and Sports

Infant Activities

Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults
React to stimulation in the environment. This includes drawings, sculptures or painting

Handprint Ball: [Handprint Baseball Craft for Kids #summer #handprintcrafts \(thesimpleparent.com\)](#)

Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Sign the word Ball: [Ball \(babysignlanguage.com\)](#)

Sensory

Standard: Explore objects, activities, and environments

Textured Balls- Let your child play with balls of different texture and size such as smooth, bumpy, squishy, koosh or foam to encourage sensory development. Your infant explores their environment, in part, through touch and the variety of textures will be interesting for them to feel.

Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm

Yoga with Ms. Bailey: <https://youtu.be/RX3oXm565fM>

Music with Mr. Erik: https://youtu.be/m_Ux32IQjb4

Toddler Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Ribbon Sticks for Dancing: [DIY Ribbon Sticks - Day 87 Toddler Play Challenge \(adventuresandplay.com\)](https://adventuresandplay.com)

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Yoga Bug: <https://youtu.be/wkZd1vQT7fg>

Math/Science

Standards: Math: Attributes, sorting, and Patterns. Science: Investigating and Using Evidence cause and effect

Dancing – A little bit of upbeat music can go a long way. Dancing incorporates several gross motor actions in one activity. It incorporates twirling, spinning, bending, twisting, and swinging. When we dance, we not only let our children dance out their own movements.

Outside Time:

Standard: Large Muscle Movement and Coordination

Kicking – work on aiming towards a goal – the goal can be a literal goal or even trying to kick the ball into the center of a hoop on the ground. Kick the ball back and forth rotating feet.

Preschool Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Name Hockey: [Name Hockey - How Wee Learn](#)

Math/Science/Writing

Paper Football Sight Words: [Paper Football Sight Words - The OT Toolbox](#)

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Yoga Bug: <https://youtu.be/wkZd1vQT7fg>

Outside Time:

Standard: Large Muscle Movement and Coordination

Gross Motor Number Recognition: [Gross Motor: Number Recognition Play - Danya Banya](#)

Resources and Links:

Story time with Ms. Nini

<https://youtu.be/hslh3JICtWU>

Music with Mr. Erik

Crafts with Ms. Lindsey

<https://youtu.be/oCqMOZ-CINs>