

Learning at Home

with
**little
Sprouts** 

Movement, Fitness, and Sports

Infant Activities

Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults
React to stimulation in the environment. This includes drawings, sculptures or painting

On the floor, lay down an old sheet. On top of the sheet, lay down a big piece of construction paper and put some dollops of paint on one edge or on a separate paper plate. Let baby walk in the paint and then onto paper.

Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Sign the word Run: [Run \(babysignlanguage.com\)](http://babysignlanguage.com)

Sensory

Standard: Explore objects, activities, and environments

Roll the Ball- Rolling a ball back and forth is a game even a very young child can enjoy. If your child can sit unassisted, they can learn to roll the ball. This activity challenges their balance, improves posture and develops gross motor skills for early sitters.

Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm

Yoga with Ms. Bailey: <https://youtu.be/RX3oXm565fM>

Music with Mr. Erik: https://youtu.be/m_Ux32IQjb4

Toddler Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Make your books Come alive:
Make your books “come alive” by acting them out. Choose any book and see if you can get up and make it about movement instead of just sitting and reading.

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

The Busy Body Book: <https://youtu.be/xcVvNVT3TtM>

Math/Science

Standards: Math: Attributes, sorting, and Patterns. Science: Investigating and Using Evidence cause and effect

Mini Sensory Ice Skating rink: [Ice play with DIY mini skating rink - PLAYTIVITIES](#)

Outside Time:

Standard: Large Muscle Movement and Coordination

Throwing – You can obviously toss a ball back and forth, but you can also work on throwing with much lighter objects like feathers and scarves for a different effect while still working on gross motor development!

Preschool Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Make your books Come alive:

Make your books “come alive” by acting them out. Choose any book and see if you can get up and make it about movement instead of just sitting and reading.

Math/Science/Writing

Hockey Science: [Hockey Science Experiment - Creative Family Fun](#)

Bowling For Sight Words: [Bowling For Sight Words - Make Take & Teach](#)

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

The Busy Body Book: <https://youtu.be/xcVvNVT3TtM>

Outside Time:

Standard: Large Muscle Movement and Coordination

Throwing - You can obviously toss a ball back and forth, but you can also work on throwing with much lighter objects like feathers and scarves for a different effect while still working on gross motor development!

Resources and Links:

Story time with Ms. Nini

<https://youtu.be/hslh3JICtWU>

Music with Mr. Erik

Crafts with Ms. Lindsey

<https://youtu.be/oCqMOZ-CINs>