

# Learning at Home

with  
**little  
Sprouts** 

**Movement, Fitness, and Sports**

# Infant Activities

## Creative Expression

**Standard:** Focus attention on interesting sight or sounds, often in shared experiences with adults

React to stimulation in the environment. This includes drawings, sculptures or painting

Tummy Time Art: [Mess-free Baby Tummy Time Finger Painting Sensory Play | My Little Learner \(wordpress.com\)](#)

## Sign Language

**Standard:** Remember language heard repeatedly in stories, poems, and interactive language experiences

Review Signs for the week: ball, kick, run, and play

## Sensory

**Standard:** Explore objects, activities, and environments

**DIY CLIMBING BOX:** Babies love to crawl over, climb on, and push things.

**To Create:**

1. Fill the box to the top with textbooks I will probably never read again and some newspaper both to add weight to the box and support it under my child's weight.

2. Tape it shut

3. Cover it completely with duct tape. Decorate if you want!

They can push it or try to climb on it!

## Music and Movement

**Standard:** Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm

Yoga with Ms. Bailey: <https://youtu.be/RX3oXm565fM>

Music with Mr. Erik: [https://youtu.be/m\\_Ux32IQjb4](https://youtu.be/m_Ux32IQjb4)

# Toddler Activities

## Creative Expression

**Standard:** Small Muscle Movement and Coordination

Dinosaur Obstacle Course: [Dinosaur Obstacle Course – Craftulate](#)

## Math/Science

**Standards:** Math: Attributes, sorting, and Patterns. Science: Investigating and Using Evidence cause and effect

PomPom Hockey: [Pompom Hockey | Learning 4 Kids](#)

## Books and Songs

**Standard:** Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Stretch: <https://youtu.be/kA-el4GTwVw>

## Outside Time:

**Standard:** Large Muscle Movement and Coordination

Go Outside and Play your favorite Sport!

# Preschool Activities

## Creative Expression

**Standard:** Small Muscle Movement and Coordination

Stuffed Paper Footballs:

[Stuffed Paper Footballs | AllFreeKidsCrafts.com](https://www.allfreekidscrafts.com/stuffed-paper-football-recipe/)

## Math/Science/Writing

**Preschool** Printable Worksheets

Rainbow Run: [Little Family Fun: Rainbow Run!](#)

## Books and Songs

**Standard:** Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Stretch: <https://youtu.be/kA-el4GTwVw>

## Outside Time:

**Standard:** Large Muscle Movement and Coordination

Go Outside and Play your favorite Sport!

# Resources and Links:

Story time with Ms. Nini

<https://youtu.be/hslh3JICtWU>

Music with Mr. Erik

Crafts with Ms. Lindsey

<https://youtu.be/oCqMOZ-CINs>