

Learning at
Home

with
**little
Sprouts**



Fall on the Farm

Infant Activities

Citizen

We will listen to classical music together. Hold baby close while you sway, spin and twirl! We are sharing happiness, feeling love and trust. We can change our dancing style with the sounds of the music. Maybe we will dance in a silly, upbeat way. Maybe we will dance slowly and cuddle. It is important for us to feel loved by our caregivers.

Mind

Exploring corn: Offer baby an ear of corn to touch and explore. Baby might gnaw or nibble on the kernels. Talk to baby about the way the corn feels bumpy and smooth. (Be sure that baby is old enough to nibble the corn. Otherwise, feeling the texture is still fun!)

Scholar

We will learn the signs for PIG, HORSE, COW and DUCK. We will have the farm animal figures out and available around the room. When a child engages with a toy, teacher will talk about the animal and give the child the sign for it. We can sing "Old MacDonald Had a Farm" and sign the animal names

Body

Choose a few farm animal toys (rubber ducks work!) Tape the animals to baby's tray. Tell baby, "uh oh! The animals are stuck! Can you help set them free?" Encourage baby to use a pincer grasp to remove the tape and release the animals.

Toddler Activities

Citizen

This Little Piggy

Wiggle your toddler's toes and recite this poem:

This little piggy went to market, (wiggle big toe)

This little piggy stayed home, (second toe)

This little piggy had roast beef, (middle toe)

This little piggy had none. (fourth toe)

And this little piggy cried wee-wee-wee all the way home (wiggle little toe and tickle!)

Mind

Pigs in the Mud! Have your toddler dip their toes into some muddy brown paint. Have them wiggle their little piggy toes. Stamp your feet onto paper and see how many little pigs you can count rolling in the muddy print.

Scholar

. "Oh we're on our way we're on our way, on our way to Grandpa's farm.
We're on our way, we're on our way to Grandpa's farm.

(CHORUS)

Down on Grandpa's farm there is a big brown cow,

Down on Grandpa's farm there is a big brown cow.

The cow she makes a sound like this: Moo! Moo!

The cow she makes a sound like this: Moo! Moo!

(CHORUS)

Down on Grandpa's farm there is a little red hen. (CHORUS)

Down on Grandpa's farm there is a big black horse. (CHORUS) *Repeat with pink pig, yellow duck, white sheep, etc

Body

Tell the children that you are going to do some yoga exercises to help them keep healthy and strong. Crouch onto your hands and knees and demonstrate cat/cow position. Say "meow" and "moo" in each pose. Can you invent the yoga move for your favorite barn yard animal?

Preschool Activities

Citizen

In the fall, people collect the last foods that have grown on the farm before winter. This is called the harvest. After the harvest, we have a feast! Talk to your child about which foods have grown on a farm during mealtimes. Pretend to be having a post-harvest feast!

Mind

Farm animal patterns! Draw a few animals, or print and cut out the images below. Demonstrate how to create an ABAB pattern. Encourage your child to extend the pattern. Then help them to create their own repeating sequence.

Scholar

Read "Click, Clack, Moo, Cows that Type". What do you think Duck will ask for next? Write a letter/ draw a picture telling the farmer what Duck would like next.

Body

Play Hot Potato! In this game, something soft and easy to throw/catch is the "hot potato". We will pretend that the object is hot, right out of the oven, so you don't want to hold it for very long. Toss the Hot Potato to the next person as quickly as you can, but don't drop it!

Resources and Links:





Resources

Music Class with Ms. Lindsey

<https://youtu.be/LuVEYGgiM84>

Frozen Banana Treats with Ms. Sam

<https://youtu.be/61FtWvwtXB4>

Yoga Class with Ms. Bailey

<https://youtu.be/QDP0pbP2HZs>

