

Learning at
Home

with



Community Helpers- Health

Infant Activities

Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults
React to stimulation in the environment. This includes drawings, sculptures or painting

Yogurt Finger Painting: Yogurt finger painting is one of those interesting and delicious activities for infants to enhance the sensory development. Prepare some crackers or pretzels and yogurt then let the yogurt finger painting begin on a flat surface. The cute painting from your baby makes the afterward cleanup job worth it.

Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Practice the following Sign Language words all week

Doctor: <https://www.babysignlanguage.com/dictionary/doctor/>

Nurse: <https://www.babysignlanguage.com/dictionary/nurse/>

Sensory

Standard: Explore objects, activities, and environments

Explore textures. Touching and manipulating objects with different textures helps develop a child's touch. Provide smooth/rough, hard/soft, wet/dry, light/heavy and warm/cold objects to play with.

Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm:

Music Class with Mr. Erik: <https://youtu.be/pKLZw8uB2X0>

Yoga with Ms. Bailey: <https://youtu.be/YuDZBZCrfsA>

Toddler Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Make a Stethoscope: <https://www.pinterest.com/pin/207376757820517545/>

Math/Science

Standards: Math: Attributes, sorting, and Patterns. Science: Investigating and Using Evidence cause and effect

Create a Hand Washing Chart: We had a chart in the bathroom with hands made out of foam. There were three sets of foam hands labeled "Front", "Back", "In-Between" This is just an idea, you can make any hand washing chart!

We chanted "Front, back, in-between, that's how we keep our hands so clean." Sing this two times while doing what you sing to have clean hands!

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Peppa Pig Doctors to the Rescue: <https://youtu.be/OyC7I9aKAuc>

Nola the Nurse: https://youtu.be/dHK5e_mgQfQ

Outside Time:

Standard: Large Muscle Movement and Coordination

Bubble Fun! See how many bubbles you can pop outside!

Preschool Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Make a Stethoscope:

<https://www.pinterest.com/pin/207376757820517545/>

Math/Science/Writing

Create a Hand Washing Chart: We had a chart in the bathroom with hands made out of foam. There were three sets of foam hands labeled "Front", "Back", "In-Between" This is just an idea, you can make any hand washing chart!

We chanted "Front, back, in-between, that's how we keep our hands so clean." Sing this two times while doing what you sing to have clean hands!

Books and Songs

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Outside Time:

Standard: Large Muscle Movement and Coordination

Bubble Fun! See how many bubbles you can pop outside!

Resources and Links:

Circle Time:

<https://youtu.be/V3AxELWZQAw>

Music Class:

<https://youtu.be/1WzYIaNskYg>

Spanish Class:

<https://youtu.be/wuaTuAueFtc>