

# Learning at Home

with  
**little  
Sprouts** 

**Community Helpers- Health**

# Infant Activities

## Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults  
React to stimulation in the environment. This includes drawings, sculptures or painting

Play "So Big" Ask your baby, "How big is the baby?" Then, lift their arms up, stretch them gently, and say, "So big". Many parents who have tried this activity report that the baby just loves this game and wants to repeat again and again.

## Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Practice the following Sign Language words all week

Doctor: <https://www.babysignlanguage.com/dictionary/doctor/> Nurse:

<https://www.babysignlanguage.com/dictionary/nurse/>

## Sensory

Standard: Explore objects, activities, and environments

Explore textures. Touching and manipulating objects with different textures helps develop a child's touch. Provide smooth/rough, hard/soft, wet/dry, light/heavy and warm/cold objects to play with.

## Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm:

Music Class with Mr. Erik: <https://youtu.be/pKLZw8uB2X0>

Yoga with Ms. Bailey: <https://youtu.be/YuDZBZCrSA>

# Toddler Activities

## Creative Expression

**Standard:** Small Muscle Movement and Coordination

### Get Well Cards

Provide supplies such as blank postcards and markers, misc. arts/craft supplies and glue or glue sticks.

Have children create Get Well cards for family or friends not feeling well.

## Math/Science

**Standards:** Math: Attributes, sorting, and Patterns. Science: Investigating and Using Evidence cause and effect

**Block Play:** Let children build a hospital. Add emergency vehicles to the play area.

If you don't have blocks at home, be creative with different household items!

## Books and Songs

**Standard:** Word comprehension, symbolic representation demonstrate enthusiasm for new learning

My Mommy is a Nurse: <https://youtu.be/3rfn4svkFis>

## Outside Time:

**Standard:** Large Muscle Movement and Coordination

Bubble Fun! See how many bubbles you can pop outside!

# Preschool Activities

## Creative Expression

**Standard: Small Muscle Movement and Coordination**

### **Get Well Cards**

Provide supplies such as blank postcards and markers, misc. arts/craft supplies and glue or glue sticks.

Have children create Get Well cards for family or friends not feeling well.

## Books and Songs

**Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning**

My Mommy is a Nurse: <https://youtu.be/3rfn4svkFis>

## Math/Science/Writing

**Cotton Ball Sorting:** Materials: Colored cotton balls or pom poms, cupcake tins, plastic tongs

The children use the tongs to move cotton balls from a large bowl into the individual tins.

You can program the tins by taping a color on the bottom of each tin and the children sort by color or

You can tape a number on the bottom of each tin for the children to count that specific number of cotton balls into each tin.

## Outside Time:

**Standard: Large Muscle Movement and Coordination**

Bubble Fun! See how many bubbles you can pop outside!

# Resources and Links:

Circle Time:

<https://youtu.be/V3AxELWZQAw>

Music Class:

<https://youtu.be/1WzYIaNskYg>

Spanish Class:

<https://youtu.be/wuaTuAueFtc>