

Learning at Home

with
**little
Sprouts** 

**Community Helpers-
Health-Doctors, Nurses, EMS**

Infant Activities

Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults
React to stimulation in the environment. This includes drawings, sculptures or painting

Homemade Tunnels

If you have a large cardboard box, do not throw it away. Instead, make an opening at each end and place it in the middle of your baby's room. Now, encourage your little one to go through the tunnel. Encourage him to crawl and come to you.

Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Practice the following Sign Language words all week

Doctor: <https://www.babysignlanguage.com/dictionary/doctor/>

Nurse: <https://www.babysignlanguage.com/dictionary/nurse/>

Sensory

Standard: Explore objects, activities, and environments

Explore textures. Touching and manipulating objects with different textures helps develop a child's touch. Provide smooth/rough, hard/soft, wet/dry, light/heavy and warm/cold objects to play with.

Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm:

Music Class with Mr. Erik: <https://youtu.be/pKLZw8uB2X0>

Yoga with Ms. Bailey: <https://youtu.be/YuDZBZCrfsA>

Toddler Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Art - Let children paint or color a teddy bear outline. Provide band-aids and let children place the band-aids on their drawing. Ask children to tell you how the teddy bear got hurt.

Math/Science

Standards: Math: Attributes, sorting, and Patterns

Science: Investigating and Using Evidence cause and effect

X-Rays

Provide paint cups with water in them. Stir table salt into warm water in the cups; black construction paper and sidewalk chalk. The result of this when dried is sparkly!

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

A Visit to the Doctor: <https://youtu.be/-fcJ4RW4IOO>

Outside Time:

Standard: Large Muscle Movement and Coordination

Get Outside for some Exercise: Explain to children that exercise keeps our heart healthy and strong. Choose one child to be the doctor. The doctor prescribes physical activities to the group: "Doctor (Name of child) says, "jump up and down", "touch the ground", etc.

Preschool Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Art

Let children paint or color a teddy bear outline. Provide band-aids and let children place the band-aids on their drawing. Ask children to tell you how the teddy bear got hurt.

Math/Science/Writing

Preschool Printable Worksheets

X-Rays

Provide paint cups with water in them. Stir table salt into warm water in the cups; black construction paper and sidewalk chalk. The result of this when dried is sparkly!

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

A Visit to the Doctor: <https://youtu.be/-fcJ4RW4IO0>

Outside Time:

Standard: Large Muscle Movement and Coordination

Get Outside for some Exercise: Explain to children that exercise keeps our heart healthy and strong. Choose one child to be the doctor. The doctor prescribes physical activities to the group: "Doctor (Name of child) says, "jump up and down", "touch the ground", etc.

Resources and Links:

Circle Time:

<https://youtu.be/V3AxELWZQAw>

Music Class:

<https://youtu.be/1WzYIaNskYg>

Spanish Class:

<https://youtu.be/wuaTuAueFtc>