

# Learning at Home

with  
**little  
Sprouts**



**Community Helpers- Health**

# Infant Activities

## Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults  
React to stimulation in the environment. This includes drawings, sculptures or painting

Enjoy a Treasure Hunt: All you have to do is take your baby's favorite toy and partially hide it somewhere under a blanket. Ask them to find it. You will hear lots of giggles when they discover where it is!

## Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Practice the following Sign Language words all week  
Doctor: <https://www.babysignlanguage.com/dictionary/doctor/NNurse>  
e: <https://www.babysignlanguage.com/dictionary/nurse/>

## Sensory

Standard: Explore objects, activities, and environments

Explore textures. Touching and manipulating objects with different textures helps develop a child's touch. Provide smooth/rough, hard/soft, wet/dry, light/heavy and warm/cold objects to play with.

## Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm:  
Music Class with Mr. Erik: <https://youtu.be/pKLZw8uB2X0>  
Yoga with Ms. Bailey: <https://youtu.be/YuDZBZCrSA>

# Toddler Activities

## Creative Expression

**Standard:** Small Muscle Movement and Coordination

**Thank You Notes!**

Create a card to thank a doctor or nurse for ALL they do!

Make sure to mail your card out. It will be much appreciated!

## Math/Science

**Standards:** Math: Attributes, sorting, and Patterns

**Science:** Investigating and Using Evidence cause and effect

**Box Project:**

Create an ambulance using a cardboard box. You can paint your box and add necessary items. Your box project is a great imaginary toy!

## Books and Songs

**Standard:** Word comprehension, symbolic representation demonstrate enthusiasm for new learning

My Trip to the Hospital: [https://youtu.be/Oi0mBrG\\_qOM](https://youtu.be/Oi0mBrG_qOM)

## Outside Time:

**Standard:** Large Muscle Movement and Coordination

Bring your family outside to participate in your favorite outdoor activity.

# Preschool Activities

## Creative Expression

**Standard:** Small Muscle Movement and Coordination

**Hospital and People craft:**

<https://www.redtedart.com/hospital-craft-story-for-preschoolers/>

**Thank You Notes!**

Create a card to thank a doctor or nurse for ALL they do!

Make sure to mail your card out. It will be much appreciated!

## Books and Songs

**Standard:** Word comprehension, symbolic representation  
demonstrate enthusiasm for new learning

My Trip to the Hospital: [https://youtu.be/Oi0mBrG\\_qOM](https://youtu.be/Oi0mBrG_qOM)

## Math/Science/Writing

**Box Project:**

Create an ambulance using a cardboard box. You can paint your box and add necessary items. Your box project is a great imaginary toy!

**Worksheets:**

<https://www.dropbox.com/s/vj4q8nla0tp1j2o/doctor.jpg?dl=0>

<https://www.dropbox.com/s/gsmfiw99213b3io/doctor2.jpg?dl=0>

<https://www.dropbox.com/s/a6uyup76zle5013l/doctor3.gif?dl=0>

<https://www.dropbox.com/s/pl91yrwguk97bxs/doctor4.jpg?dl=0>

## Outside Time:

**Standard:** Large Muscle Movement and Coordination

Bring your family outside to participate in your favorite outdoor activity.

# Resources and Links:

Circle Time:

<https://youtu.be/V3AxELWZQAw>

Music Class:

<https://youtu.be/1WzYIaNskYg>

Spanish Class:

<https://youtu.be/wuaTuAueFtc>