

Learning at Home

with
**little
Sprouts**



Baking

Infant Activities

Creative Expression

Standard: Focus attention on interesting sight or sounds, often in shared experiences with adults

React to stimulation in the environment. This includes drawings, sculptures or painting

For the first year and a half, the best way to involve little ones in your cooking is just to let them observe you cooking! Bring them into the kitchen while you cook. Set them up some place safe – a highchair, playpen, bouncer, and give them a few adult-sized cooking tools to bang around. Wooden spoons, whisks, spatulas, non-breakable mixing bowls, and measuring cups and spoons are all fair game here. Talk to them about what you're doing. If you're cooking food for their meals, let them smell and touch the ingredients. This is all about making cooking a fun, interesting thing they can watch and experience.

Sensory

Standard: Explore objects, activities, and environments

Empty out some plastic containers for your little one to stack and explore. Or if you have a low draw fill it with plastics they can unpack themselves.

Sign Language

Standard: Remember language heard repeatedly in stories, poems, and interactive language experiences

Sign the word Cookie:

<https://www.babysignlanguage.com/flash-cards/c/cookie/>

Music and Movement

Standard: Respond to music by joining in on one or two words in a song or moving physically upon hearing a familiar melody or rhythm

Music with Ms. Jenna <https://youtu.be/bok3TNimyXg>

Toddler Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Paper plate donut craft:

<https://happyhooligans.ca/paper-plate-donut-craft/>

Math/Science

Standards: Math: Attributes, sorting, and Patterns

Science: Investigating and Using Evidence cause and effect

Banana Bread Recipe:

<https://www.pinterest.com/pin/45458277465025586/>

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Baking Day at Grandma's: <https://youtu.be/5MwnORRCdTU>

Outside Time:

Standard: Large Muscle Movement and Coordination

Bubble Wands from Kitchen Tools:

<https://www.icanteachmychild.com/invent-your-own-bubble-wands-from/>

Preschool Activities

Creative Expression

Standard: Small Muscle Movement and Coordination

Paper plate donut craft:

<https://happyhooligans.ca/paper-plate-donut-craft/>

Math/Science/Writing

Banana Bread Recipe:

<https://www.pinterest.com/pin/45458277465025586/>

Books and Songs

Standard: Word comprehension, symbolic representation demonstrate enthusiasm for new learning

Baking Day at Grandma's: <https://youtu.be/5MwnORRCdTU>

Outside Time:

Standard: Large Muscle Movement and Coordination

Bubble Wands from Kitchen Tools:

<https://www.icanteachmychild.com/invent-your-own-bubble-wands-from/>

Resources and Links:

Process Art with Ms. Lindsey
<https://youtu.be/rdz30eNIhIU>

Music with Ms. Jenna
<https://youtu.be/bok3TNimuXg>

Spanish with Ms. Jullisa
https://youtu.be/X1i4457_Gvw