

# Learning at Home

with  
**little  
Sprouts** 

**Apples and Pumpkins**

# Infant Activities

## Citizen

Sing together:

“Way up high in the apple tree,

I saw 5 apples looking at me.

I shook and I shook as hard as I could,

One fell down and YUM! It was good!”

Sign apple by making a fist and touching your first knuckle to your cheek

## Mind

Apple-pie Scented Painting: Add a little bit of apple-pie seasoning to some baby-safe finger paints. (You could also use vanilla pudding) encourage baby to smell the paint as they explore the texture and sensations.

## Scholar

Sing “Where is Pumpkin?” (Where is Thumkin) as you place farmer’s pumpkin in a variety of places around the room.

Use positional words and sing in a voice that represents a variety of feelings. Pumpkin moves throughout the farm and finally up on the shelf until next game.

## Body

Pumpkin exploring! Let your baby explore the textures of a real pumpkin. Talk to baby about the smooth or bumpy textures, the scratchy stem and the temperature.

# Toddler Activities

## Citizen

Show your child an apple and then say, “Hmmm...I have a problem. I only have one apple. But I want to share the apple with you.. How do you think we can do that?” Pause for response. Have a discussion about sharing the apple by cutting it up and dividing it. What can we do next? Talk to your toddler about how you can each have part of the apple. That is how you share.

## Scholar

Use paint to create the image of a bare tree. Talk to your toddler about what they think belongs in the tree. Are there leaves? What color are the leaves? Are there any birds or animals? Who lives in trees? Encourage your toddler to paint leaves and animals in their tree using cotton swabs, cotton balls or paint brushes.

## Mind

Let's sing and count:  
Here is the Beehive  
Here is the beehive (make a fist)  
Where are the bees?  
Hiding inside where nobody sees  
Watch them come creeping out of the hive  
One, two, three, four, five (release one finger at a time from the fist/hive)  
...BUZZ-ZZZ (wiggle fingers)

## Body

Pumpkin Bowling! Use recycled plastic bottles as bowling pins. Roll a pumpkin (or ball of orange paper) down on the floor toward the bottles. Can you knock the bottles down?

# Preschool Activities

## Citizen

Let's make applesauce! Follow the recipe below for a simple autumnal treat!

### Apple Sauce Recipe

Children can use a blunt butter knife to chop up apple slices, pour measured ingredients into a bowl and stir!

## Mind

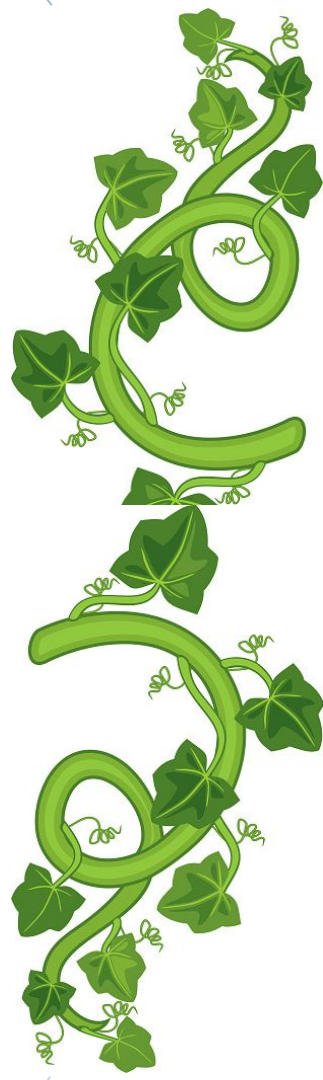
Read "Ten Apples up on Top" Cut apples out of paper. Encourage your child to count ten apples one at a time and paste them together in a stack. If able, encourage your child to write a number on each apple.

## Scholar

Sing : I Like to Eat Apples and Bananas. Talk to your child about the silly sounds you hear. What if the words started with a T? Tapples and Tananas!

## Body

Rolling apples and pumpkins! Use red and orange playdough and encourage your preschoolers to roll the dough into various sizes. Add the apples to the apple tree and the pumpkins to the pumpkin patch (print below) *This activity will strengthen fine motor skills needed for writing!*





# Resources

**Music Class with Ms. Lindsey**

<https://youtu.be/LuVEYGgiM84>

**Frozen Banana Treats with Ms. Sam**

<https://youtu.be/61FtWvwtXB4>

**Yoga Class with Ms. Bailey**

<https://youtu.be/QDP0pbP2HZs>

