

# Learning at Home

with  
**little  
Sprouts**



All About Dolls

# Infant Activities

## Citizen

Use the baby the dolls hands to communicate simple sign language like waving “hello” and “goodbye”. Also common phrases like “more” and “all done.”

## Mind

Sing the song, “Head, Shoulders, Knees and Toes to your baby. While singing point to your body parts as they are named. When you sing again, point to the body parts of the child and the doll baby to establish a connection.

## Scholar

Choose some pictures of different family members that may be familiar to your baby. As you look through the pictures with your child, talk about who they are and point to some of the images while naming them.

## Body

Sensory experience- Place different doll babies in a bin of water. Provide different household items such as plastic cups and spoon so that your child can practice filling and dumping. Pretend play by washing the baby and talking about body parts.

# Toddler Activities

## Citizen

Let's take care of baby! Let's have a scavenger hunt around the house to find different things that we need to take care of baby. What does baby like to eat? How does baby like to do their hair? What does baby like to do? What does baby like to wear.

## Mind

Hide and seek. Have your child name the doll baby. Your child can then close their eyes while you hide the baby. After the child counts to five and finds the baby, ask the child open ended questions like, "what was baby doing there? Was baby trying to cook?"

## Scholar

Have your child role play their baby in a puppet show. Use anything around the house as a puppet theatre (an empty box or the back of a couch). Go through different scenes discussing things like what the baby likes to do for fun. You can even discuss emotions and what makes baby feel happy or sad and how we solve problems.

## Body

"Head, Shoulders, Knees and Toes"  
Your child may or not already be familiar with their body parts. Playing "head, shoulder, knees and toes" is a great way to get them moving. Try changing the tempo and singing really fast and then really slow. Maybe point to your body parts while jumping, laying down and running.

# Preschool Activities

## Citizen

Conflict resolution social stories: Using dolls, action figures or animal toys, pretend that two toy friends are having a conflict. Maybe one friend won't share with another. Maybe one friend won't play with another. Ask your child to help them solve their problem. What could they do that makes everyone happy?

## Mind

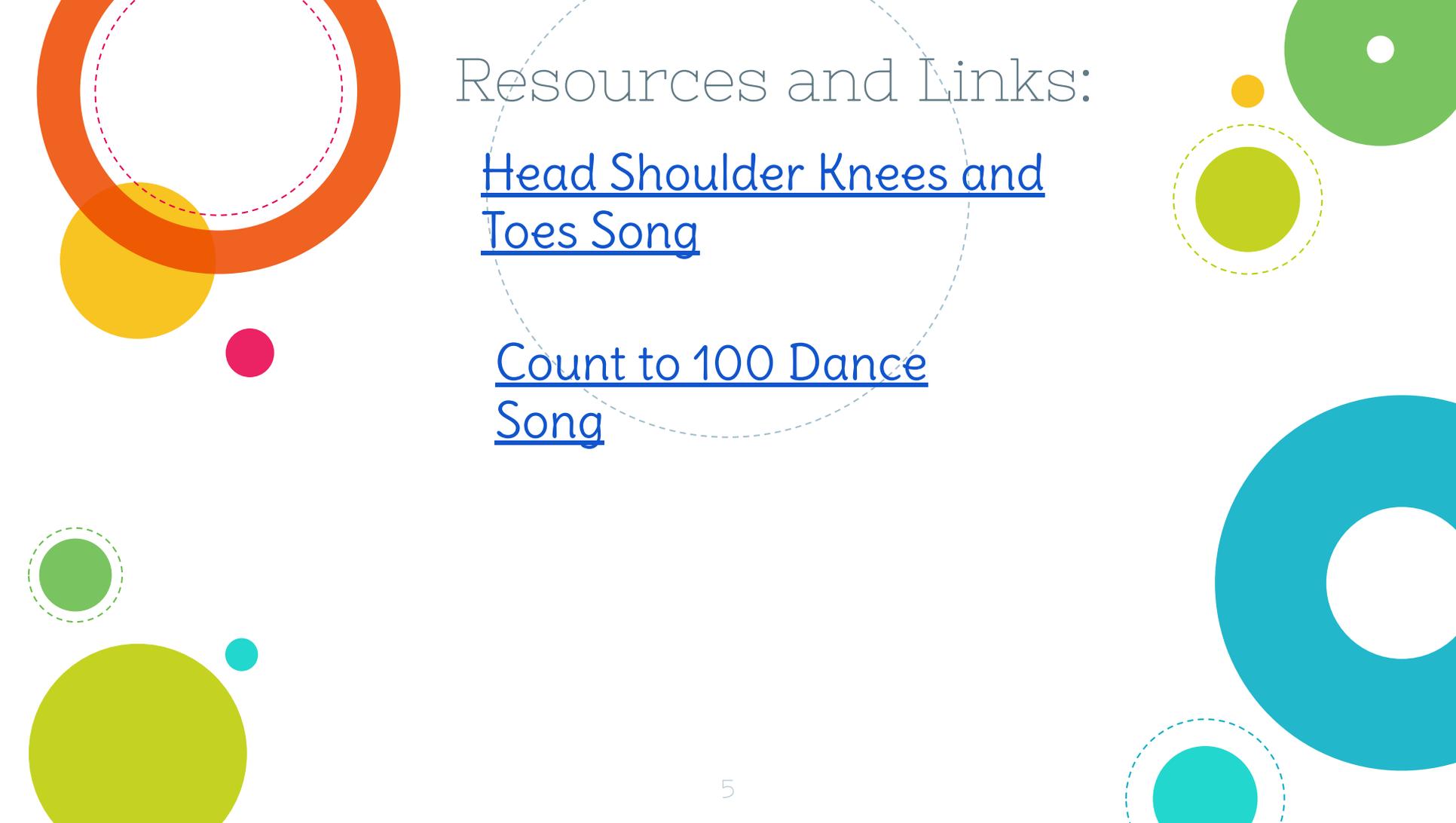
Use cardboard boxes or building blocks to build a dollhouse. Prepare different rooms in the doll house including a kitchen, a bathroom and a bedroom. This can be in the form of legos and blocks or even on a larger scale like a fort with living room pillow and sheets!

## Scholar

Bind several sheets of paper together and draw a scene from the doll's life. Draw a picture of the doll going to the park, going to the grocery store or going to the doctor's office. Maybe the doll is driving a car. Use this opportunity to foster imagination and creativity.

## Body

Get Moving! The Count to 100 song exercises each part of the body while they learn how to count to 100.

The background features several colorful circles and dashed lines. On the left, there is a large orange circle with a dashed white outline, a yellow circle, and a small pink circle. On the right, there is a large teal circle with a white center, a green circle with a white center, and a small yellow circle. At the bottom, there is a large green circle, a small cyan circle, and a large cyan circle with a dashed white outline. A large dashed white circle is centered around the text.

Resources and Links:

[Head Shoulder Knees and Toes Song](#)

[Count to 100 Dance Song](#)